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Date: 01<sup>st</sup> September 2025

### Counselling Policy

#### 1. Purpose

To ensure that emotional, psychological, and academic counselling services are available to support students' wellbeing and success.

#### 2. Scope

Covers all PSBU students seeking guidance for personal, academic, or social matters.

#### 3. Policy Statement

Confidential, professional counselling is available free of charge. Records are kept securely and used solely for welfare purposes.

#### 4. Responsibilities

- The Student Counselling Centre manages appointments and referrals.
- Counsellors adhere to professional confidentiality standards.

Next review date: 20<sup>th</sup> August 2028